

## PROGRAM

### THE HAND & WRIST

**Monday, July 2, 2018**

08.30 Registration (Yellow lecture hall)

#### **Part 1: Treatment of the distal radius and scaphoid fractures**

09.00 Opening and welcome

*Ruud Deijkers, The Hague*

09.05 Wrist fractures (*dorsal plating, volar plating*)

*Zulfi Rahimtoola, Berkshire-Oxford, UK*

09.25 Scaphoid fractures, primary (*screw fixation*)

*Frederik Verstreken, Antwerp, Belgium*

09.40 Scaphoid fractures, complex (*volar plating, bone grafts*)

*Prof. Henk Coert, Utrecht*

10.00 Scaphoid vascularized grafts (*vascularized graft from dorsal and volar*)

*Prof. Henk Coert, Utrecht*

#### **10.20 Coffee break**

10.35 HANDS-ON session I (each participant makes is own choose from)

Volar wrist plating (different exposures), dorsal plating, bridging plate,

Scaphoid screw fixation, volar plating scaphoid, Matti-Russe, Zaidenberg procedure

#### **12.15 Lunch**

#### **Part 2: Treatment of carpal instability and DRUIJ instability**

13.00 Carpal instability and perilunar dislocations (*biomechanics, classification*)

*Carlos Heras-Palou, Derby, UK*

13.20 SL lesion (*direct repair and capsulodesis, 3- ligament tenodesis, dorsal & volar repair*)

*Zulfi Rahimtoola, Berkshire-Oxford, UK*

13.40 LT lesion (*LT reconstructions*)

*Carlos Heras-Palou, Derby, UK*

13.55 DRUIJ instability and TFCC repair (*open reconstruction, Adams procedure, reinforcement oblique bundle*)

*Prof. Henk Coert, Utrecht.*

14.15 Ulna shortening osteotomy (*techniques and pitfalls*)

*Frederik Verstreken, Antwerp, Belgium*

#### **14.35 Tea break**

14.55 HANDS-ON session II (each participant makes is own choose from)

SL repair, dorsal capsulodesis, 3-ligament tenodesis, dorsal & volar SL repair, LT reconstructions, TFCC repair (dorsal and volar), Adams procedure, reinforcement distal oblique bundle, Ulnar shortening osteotomy

17.00 Evaluation (panel discussion)

*Ruud Deijkers, The Hague*

#### **17.30 Closing remarks and drinks**